

KMM 2016: SESSION 5 - Everyone Needs A Hero !!!

SESSION PLAN

PART 1	- Recap	3 mins
PART 2	- Do you have anyone who demands you listen to them?	2 mins
PART 3	- That's why we need heroes.	2 mins
PART 4	- What kind of Heroes do we need?	10 mins
PART 5	- Living a life of a hero needs courage.	3 mins
PART 6	- Invisible Counselors	3 mins
PART 7	- Who is your hero?	5 mins
PART 8	- Sangam	7 mins
PART 9	- For whom will YOU be a hero?	5 mins
PART 10	- BRAIN TATTOOS	

PART 1 - Recap



PART 2 - Do you have anyone who demands you listen to them?

First 25 years of our lives, we are trained to listen to others. We are trained to listen to voices that are NOT our own. We are trained to listen to those who are more POWERFUL.

INTERACT- Do you have anyone who demands you listen to them?



There is a Harry Nilsson song that goes, "Everybody's talkin' at me, I don't hear a word they're saying'. Only the echoes of my mind".

PART 3 - That's why we need heroes.

The worst of human mistakes are made when we give in to fear and weakness. In these times we feel bad but we don't act.



That's why we need heroes.

PART 4 - What kind of Heroes do we need?



Part 4 A - Heroes to lift us out of our weakness and fears.

3 mins

Mo Farah Olympics. 10,000 m. Tragedy. Sania Mirza - Yuvraj Singh.

Part 4 B - We learn a lot by imitating.

4mins

That's why we need heroes! Normal. Gopichand for other badminton players. Devi Shetty - Mother Teresa

Part 4 C - We need heroes who will make us listen to our voices.

3 mins

Voices that guides us in RIGHT and WRONG.

Purpose - Priyanka Bharati. Swachh Bharat.

PART 5 – Living a life of a hero needs courage.

Living a life of a hero needs courage. Courage is easier when we generate support. Besides courage and support, every hero needs a villain to vanquish.



PART 6 - Invisible Counselors

All of us are guided by SOMEONE. Chose heroes as your guides.

PART 7 - Who is your hero?

INTERACTION - Who is your hero? Why? Which villain did they defeat?

PART 8 - Sangam



PART 9 - For whom will YOU be a hero?

For whom will YOU be a hero? How?

ACTIVITY

PART 10 - BRAIN TATTOOS

