

THE KMM JOURNEY 2022

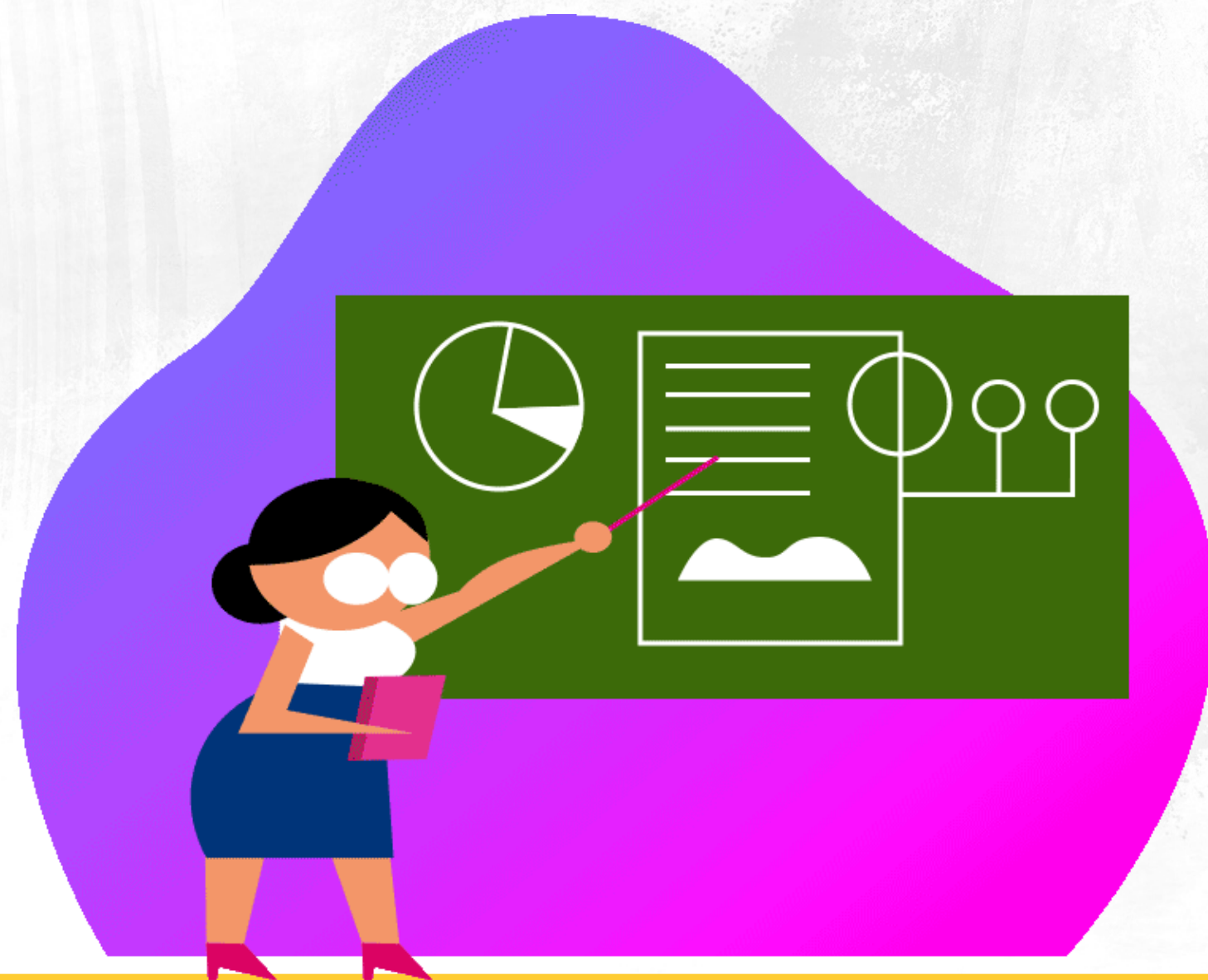


Volunteer Registration Statistics

419+ from 52 cities, 6 countries



School Registration Statistics



Number of Schools

117

Schools with Offline Sessions

107

Schools with Online Sessions

10

Divisions Connected Statistics



Number of Divisions

272

Schools with Offline Sessions

247

Schools with Online Live Sessions

25



KMM Impact 2022- **LIVE** sessions



Keep Moving
Movement

Total number of Schools

117+

Total number of Divisions

272+

Total number of Volunteers

409+

Total number of Teachers

4,100+

Total number of Students

12,284+

Adding Dynamism



Sessions were thoughtfully designed in accordance with core set of Essential Life Skills for Youth listed by...

WHO



UNICEF



UNESCO



KMM22 Sessions were based on the following 10 Core area's.



1) Self Awareness

2) Empathy

3) Communication

**4) Effective
Relationships**

5) Coping Stress

6) Creative Thought

7) Problem Solving

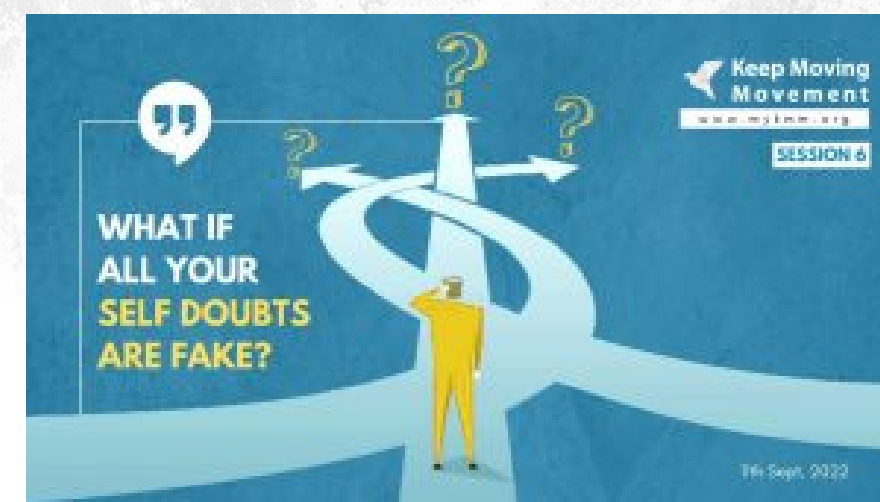
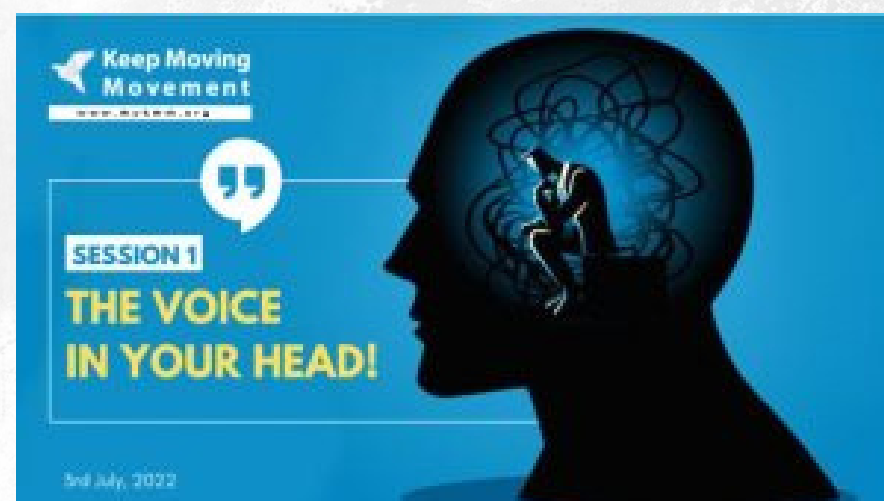
8) Decision Making

**9) Emotional
Management**

10) Critical Thinking



7 Beautiful Sessions conducted across schools



Sessions that Struck the Chord

- This year a survey was carried out among students and volunteers to identify...
 - 1) The most liked sessions
 - 2) The most impactful sessions
- The main objectives of the survey were:
 - 1) To understand which topics hit home.
 - 2) To understand the exact pain points of students.
 - 3) This data will help us to make the sessions more relevant in coming years.



Sessions that Struck the Chord



Volunteers Choice



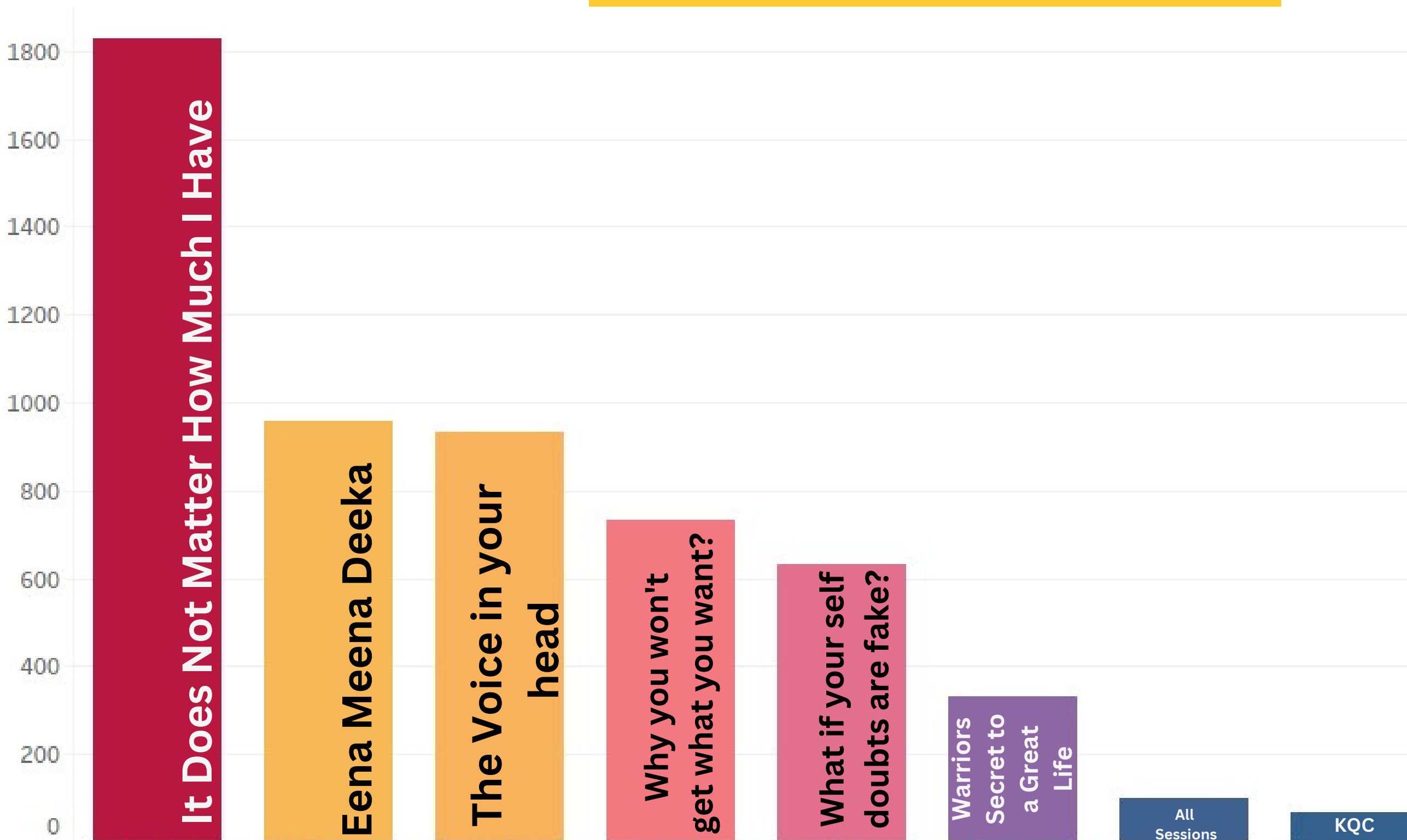
The top 3 Sessions being

- 1. It Does Not Matter How Much I Have.
Focused on:
-Quit complaining
- 2. Why you won't get what you want
Focused on:
-Developing Courage
- 3. The Voice in your head
Focused on:
-Healthy self-esteem

Sessions that Struck the Chord



Students Choice



The top 3 Sessions being

1. It Does Not Matter How Much I Have.

Focused on:

-Quit complaining

2. Eena Meena Deeka

Focused on:

-Handle Rejections

3. The Voice in your head

Focused on:

-Healthy self-esteem



We received some amazing feedbacks from School teachers, Students and our KMM Volunteers.



Teachers Feedback

 **Keep Moving
Movement**



Dear Neelu, It was a wonderful session. You have made a spark in the minds of the students. Going forward, I'm sure these students will make us proud. God will reward you abundantly. No doubt. Thank you for your time.



12:04 PM

**Trinity English School,
Bangalore**



**Shrimati Brahmadevi
School, Mumbai**

https://bit.ly/Principal_Shrimati_Brahmadevi_school



**Little Flower English
School, Kolhapur**

https://bit.ly/Principal_Little_Flower_school



Students Feedback (Videos)



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Shounak Tijore
AW Sindhu Vidyabhavan,
Pune

https://bit.ly/Shounak_Tijore_A_W_Sindhu_Vidya_Bhavan



Iqabal
SBOA School, Mumbai

https://bit.ly/Iqabal_Shrimati_Brahmadevi_Highschool



Aditya Kulkarni
Dnyanda English School,
Pune

https://bit.ly/Aditya_Kulkarni_Dnyanda_English_School



Students Feedback (Videos)



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Astha Raut
Priyadarshani School, Pune

https://bit.ly/Aastha_Raut_Priyadarshani_school



Sayali Chougule
Bhairavnath Madhyamik Vidyalaya,
Kolhapur

https://bit.ly/Sayali_Chougule_Bhairavnath_Madhyamik_Vidyalaya



Shruti
Silver Crest School , Pune

https://bit.ly/Shruti_Silver_crest_student



Students Feedback (Videos)



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Khushi Rathod
Dhaniraj School Wakad
Pune

https://bit.ly/Khushi_Rathod_Dhaniraj_School_wakad



Moledina School, Pune
(Group of students)

https://bit.ly/Students_Moledina_school



Rajnandini Dogale
Sarathi English School, Pune

https://bit.ly/Rajnandini_Dogale_Sarathi_English_Medium_School



Students Feedback (1/3)

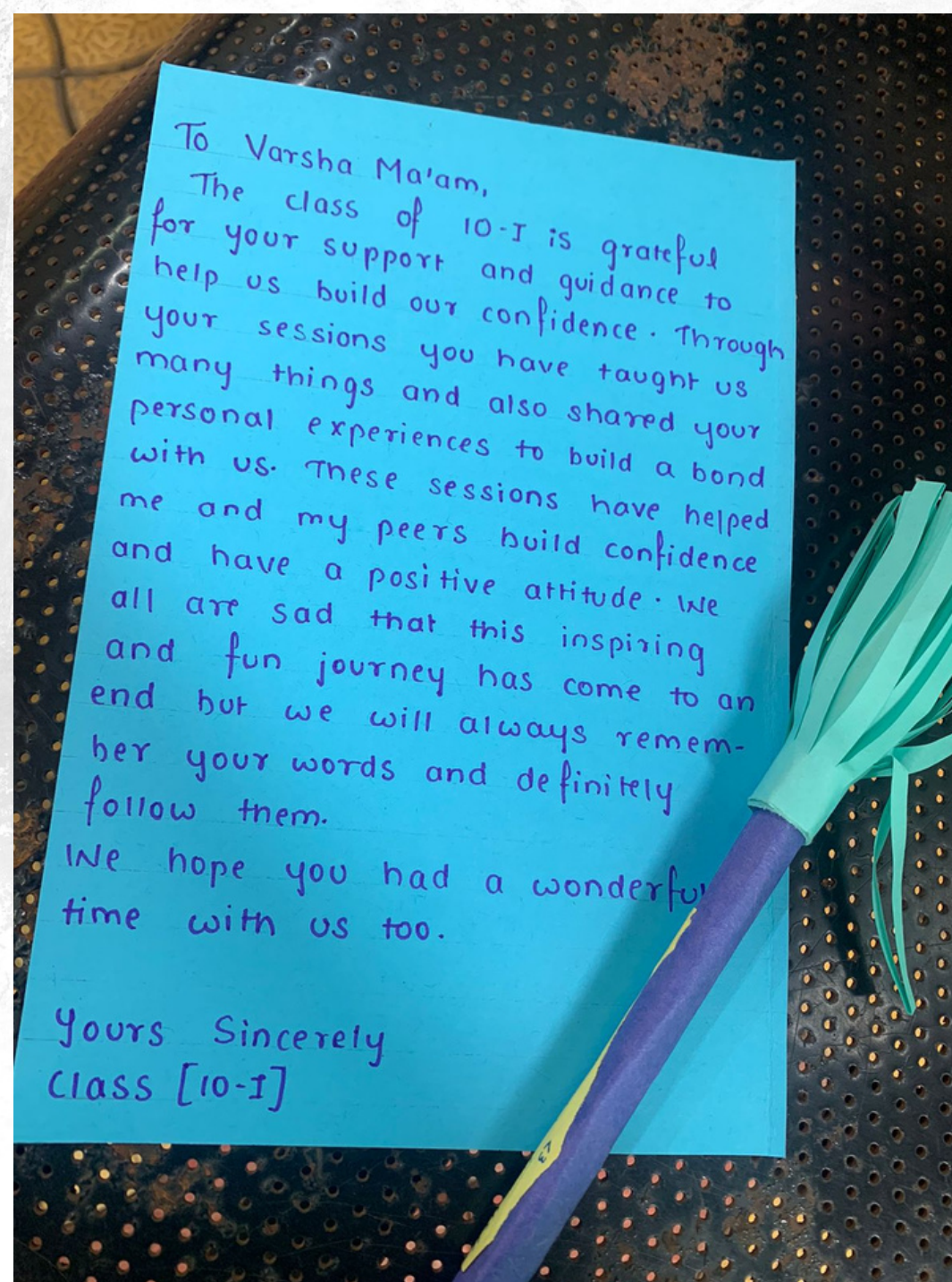
V

It has been an amazing journey. The different mantras given by you were outstanding and they will surely help me in my present and future. It was brilliant to get such precious learnings that I gained through these 7 sessions.

All the given activities were so interesting to be done and I enjoyed doing all of them. The activities forced me to think, know about myself and also motivate me.

Also the stories behind the success of great persons that I have never heard or known about, were brilliant to hear as I got to know about the struggles behind their success.

Thank You Sir for giving such valuable and inspirational messages





Students Feedback (2/3)



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Saturday 24/9/22

Was an amazing lecture with Bharti ma'am

I thank the kmm team for giving us an amazing speaker

I loved and understood - higher the dreams, higher the obstacles and higher the sacrifice

We should never forget our cheer leaders

Fatema nagarwala
X B

Speaker- Bharti ma'am

This year has been so uncertain and difficult for everyone. I want to thank you for helping to put our minds at ease as we come back for the 2022 school year. I would like to extend my sincere thanks you and whole KMM management. You each are every session taught me a lesson and kept me motivated. Thank you Mrs Tripathi to put a smile on our face and help us to face our life problems. My gratitude to you for all you have done, which I will never forget. I enjoyed every minute of your

session as well as your sense of humour wishing you joy and happiness, you are an amazing teacher, and you only deserve the best. You are the spark, gas and the candle to my life. Wishing you the best and a prosperous life ahead. --

Regards,
Mann Jain.



N

Name: Iram Haseeb Pathan. school name: Anjuman Islam jr college. std:12. Arts.

N

thank you so much kamm
We like the session a lot, we enjoy a lot, we have learned a lot from kamm and we have also become very motivated.

A

★Name - Yashashree Arvind Shinde
★ School- Eon Gyanankur English School (Pune)
★Class -10

To Kalyani Ma'am,
The best lessons are not learned from a book, but from the hearts of truly great teachers like you. I'm so grateful for the important school and life lessons you taught me. Thank you for caring about my future.



Students Feedback (3/3)



Keep Moving
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Reviewing KMM Lectures

First i will thank to KMM for Encouraging us, Motivating us for Moving ahead. KMM is doing the best work ever anybody has done. KMM is motivating upcoming Generations teaching them how to believe in your self, stop self doubts, to be honest and positive, face rejections, and making it our advantage and making such things which are important for next generation. I really feel so good, positive and inspiring when i listen to the KMM Lectures. We enjoy it alot. Thank you KMM for believing in us, inspiring us. I wish KMM will inspire each an every child so that they will also believe in themselves, they will achieve there dreams without any doubts and problems.

-Saloni Lokhande.

06/10/2022
NEW MESSAGES

S

Good evening!
A special thanks to Sir Amit Kamble and KMM team for bringing best version of myself!
I am blessed to attend these Sessions.
You people doing great ..keep going!
Thank you so much once again!

24/09/2022
NEW MESSAGES

B

Hy good afternoon I m from st mira secondary school from 10 th B our speaker was bharti today s 6th session it was, What if self doubt is fake. It was the best session Thank you bharti for coming and guiding us..

B

3 session it was rejection. Thank you bharti for coming and guiding... Lots of love to our speaker bharti 🥰

माझ्या मध्ये श्रुप छाडाय आले.
माझ्या मध्ये आत्मविश्वास वाढला.
माझ्या कुडीचं नव्हते ते श्रुणु
आता ह्या अंकीव्हीही मुळे माझ्यात
आणि माझ्या छाणांच्या श्रुप श्रुप फरक
पडला.
मी वगति एकटीचमन होते.
तेव्हा श्रुप एकटीएकटी वाटत होतं
पण K.M.M. मुळे माझ्यात ह्या
छोटीवर श्रुप फरक पडला आहे.
आयुष्यात रिकशान आले तरी हावखुन
जायचं कमीत कमी 10 अंटेम
करायचे हे मी माझ्या दृष्टीनच्या
जीवनात माझ्या श्रुप वापरकरते.
न त्यांच्या मनात
K.M.M. मुळे कुळाले की
नकार तुमच्या फायद्यासाठी
वापर करु हे ह्या
लेक्चर मुळे कुळाले.
आणि हे लेक्चर प्रेरणादायक होते.
Life मध्ये काहीतरी करायचे
फुंमिलाला श्रुयात ठेवायचे
हे कुळाले.
ह्या K.M.M. लेक्चर मुळे
माझ्या जीवनाला/ Life ला एक
द्वान वळण मिळाले
आणि श्रुप भरि वाटले ह्या
Sessions माझ्या मध्ये श्रुप फरक पडला आहे.
Great Life व्हाल श्रुप मध्ये आंगितलं.
हे KMM Sessions मुला मरण्यात Life end पर्यंत नष्टात
शहील. आशा वळल आशा आहे मला.



Volunteers Feedback (1/3)



Keep Moving
Movement

AC 27 Vikas Bhandari

Ajit, Alok, Amit, Dinesh, Greeshma, Kiran, LE140, Life, Narendra, Rohit, Sudhir, Sunil, Swati, T...

Vikas Bhandari, LE100

These year the content of the session has been very very powerful....

The session on voice in your head made me understand importance of messages I received from world outside and the response I had to every situation happening in and around me...

I was cynical of bold people till I heard session no 2...why I don't get what I want in life.

Today I want to practice boldness in my thinking and smartness in my approach.

I also understood boldness is so simple to nurture by power of asking ...

Rejection made me feel the hurt and always made me think I am not good enough...

I realised I have develop self defeating thought in me which will take me no where.

Rejection with being Honest with my emotions, postive feeling and thinking, giving credit to the efforts I am doing will help me to overcome rejection.

Great life helped me to understand the power of inflencer in life of people around to get things done and make things happen.

Understanding point of view of family members and having a long term goal in mind can help me make beautiful relationship with people.

I may not have the luxury to understand every person point of view but people who are important I must put those efforts and they are worth it ...

It does not matter what I have makes me realise to understand in every

AC 19 Preeti Puranik

Akriti, Amit, Atharv, Gary, Indrajeet, Life, Madhu, Mahendra, Mus

the last 2 months build up. 😊

Super interactive session. Students were able to recall all of the previous sessions.

One Highlight: The girl I had interacted with during session 4 who said her life was screwed up and wanted to take poison. In first 4 sessions she rarely interacted. Post that she started interacting more and more.

And today to my surprise she was responding instantaneously to all the questions and kept her camera on. From the first Hello to the bye her response were always there...

These are such instances which year after year give me the strength to go for it no matter how busy I am in life and no matter what is happening in my life.

If through these sessions we can uplift few students or save life of even one individual. It's all worth it.

< 4



KMM 22 Volunteers - 1

Aniket, Anil, Ashish, Bhalchandra C...



Wed, 7 Sep

+91 98227 88881 ~Sujata Biyani

I also had a great experience in today's session. Most of the students realised that how blessed they are. They unnecessarily grumble for little things. They were very keen on sharing their experiences and examples. The teachers and the principal were also full of praises. They said that these sessions are bringing a change in students life and they are also learning through these sessions.

Today when I said that two more sessions are left students were very disappointed as they want more such sessions. 😊

I am full of gratitude for Naren for his inspiration and insights. 🙏 Thanks to Vijay bhai who always makes our sessions so easy by sharing his real life examples. 🙏

12:58 PM



3



Volunteers Feedback (2/3)



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Movement

AC 19 Preeti Puranik
Akriti, Amit, Atharv, Gary, Indrajeet, Life, Madhu, Mahendra, Muskaan, Nand, Narendra, Neha, P

All the very best to the speakers of DAV Ludhiana 🙌

Thanks Preeti 😊

18:59

Shaffaly Jain, LE027

Had a wonderful session .. KQC rocked! They were giving answers promptly in chat.

Some of the comments from chat on what KMM did to them or what was their favorite part:

- it was really motivating and brought bit of peace and calmness
- to be positive I CAN
- besides academic it motivates me in my personal life, thank you mam
- eena meena deeka :)
- to be bold like madam Shaffaly
- appreciate yourself
- will miss these wonderful sessions

Thank you so much KMM for this wonderful opportunity!

20:21

AC 24 Tejal Dharod
Aditya, Ashwini, Geeta, Life, Manish, Monica, Narendra, Padma, Swapnil, Swati, Tahera, Tejal, Var

07/09/2022

07/09/2022

Geeta Dashrath KMM

completed 5 th session,

It was amazing 🙌 students especially liked Sachin Tendulkar's and Vazida Karigar's story..... They enjoyed repeating those magical words " *It doesn't matter how much I have, what really matters is what I do with what I have *"



10:28

SC Dnyanganga Afternoon

HARSHAD, Life, Mrunal, Neha, Preeti, Swati, Tahera, You

Mrunal Patel KMM

TODAY

Today I got Goosebumps and just tears was about to come out of my eyes when one of the students said I want to talk with you but not in class. When we went out of class he said your sessions are very important for me specifically all doubts are fake.

Just before that session I was detected by one decease (He told me but don't remember exact name of the decease) The doctor said you do not keep much hopes and expectations from your life as you will always have limitations for learning and performance.

He said only because of your session now I believe that is fake and I am going to achieve what I want.

This is something very precious to me.

15:32

Frankly speaking I was thinking just before the session that next year I may not be able to conduct KMM sessions, because of my increasing business but after getting this feedback I feel that it is my duty to conduct such sessions as they are life changing for someone.

15:35

Saying Thanks to KMM may be very short words. Please accept my gratitude



15:36

Will send some videos soon

15:36



Volunteers Feedback (3/3)



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AC 26 Vijay Rathi

Gauri, Kunj, Life, Meenal, Narendra, Neeraj, Neeraj, Pankaj, Raj, Saurabh, Siddharth, Sujata, Sv

It thanks KMM team and my team members
load of love and heartfelt gratitude 🙏

08:22

Raj Muchhal, LE081

Today I realised and felt the power of session 5

When we live with the session and out of those experiences when we take a session it's altogether a different ball game.
Most powerful session for me as a Speaker and as KMM volunteer too.

When I was sharing the examples there was pin drop silence and I was feeling the connectivity with students.

While sharing examples when you see tears in students eyes and they nod their head with a smile to you at that time our heart prays for that student that they should do well and excel in life and we pass on our vibes to them to have strength in life to face any challenges they come across.

I am sure this session will be a turning point for many.

In Gratitude to Bossji for a very thoughtful session designed it h... [Read more](#)

08:23



KMM 22 Volunteers - 1

Aanay, Abhijeet, Abhijit, Aditya, Ajay, Ajit, Akriti, Alok, Amit, Amit, Amitabh, Amol, Amol, Anand, An

Thanks for giving this opportunity 🙏

19:51



Vijay Labhsetwar KMM

🚫 This message was deleted

22:49

I am grateful indeed to almighty to bring me in contact with KMM (NAREN) and his interactive team for letting me be a tiny part of Nation Building process - my ultimate DREAM of making India a Developed Nation ... some day... Take care and stay safe....!!
Dr. Vijay K Labhsetwar, New Delhi

22:59



KMM 22 Volunteers - 1

Aanay, Abhijeet, Abhijit, Aditya, Ajay, Ajit, Akriti, Alok, Amit, Amit, Amitabh, Amol, Amol, Anand, Aniket, Anil, Anil, Anjali, A

Session 5

14:22

14:21

17/09/2022

Shweta Gaikwad, LE125

Happy morning,
Last Sunday I got the opportunity to address 200 students in a program. This was my first time in front of an audience of this size. I summarized all of the 5 KMM sessions and the feedback was amazing.
Moreover I had a renewed confidence and zero stage fright when I went on the stage. All thanks to the public speaking training and school sessions. I am forever grateful to Dear Naren sir for giving me this platform which helped me spread knowledge at the same time taught me so many things. Thanks to AC Ashish Kasat sir, Ravi sir, Sudhir sir and my father Dr Anu Gaikwad for constant guidance and motivation.

10:05

The Helpline

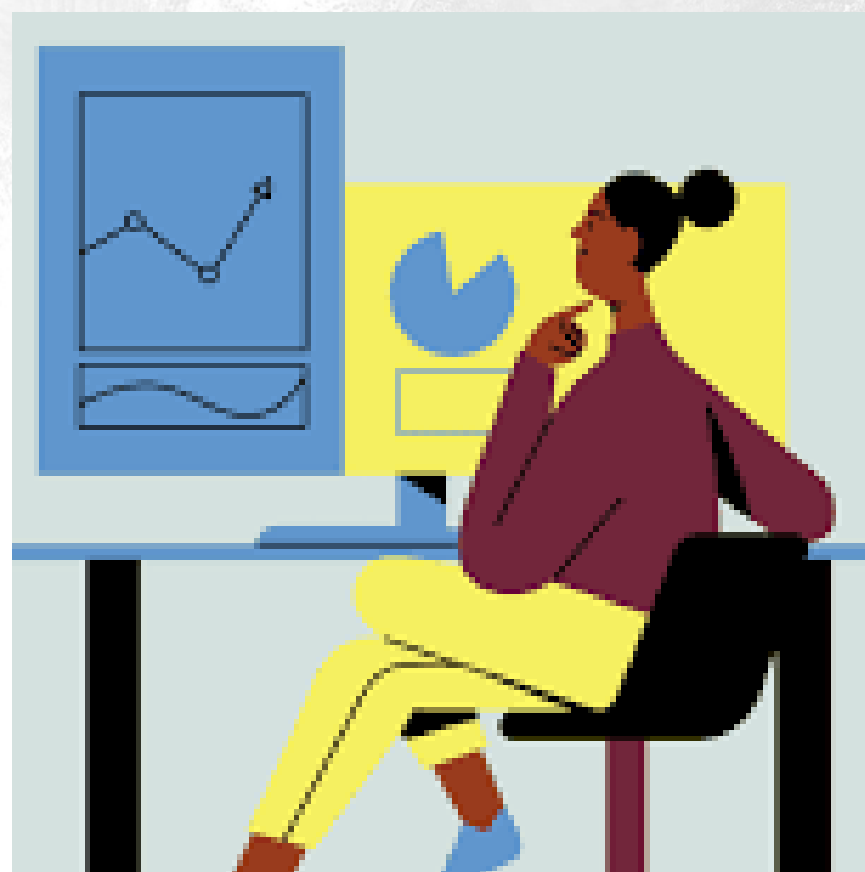
- This year we effectively ran a WhatsApp helpline number.
- Where students could ask questions and share their implementations.
- From 1st Feb 2023, a series of motivational videos and smart study techniques have been shared via this channel with them.



Teaming Up



- This year we teamed up with our youth.
- Feedback forms were distributed among the students to analyse the ripple effects of our sessions.
- This will give us clarity on what other aspects need to be incorporated in our future KMM Sessions.



Oodles of Fun



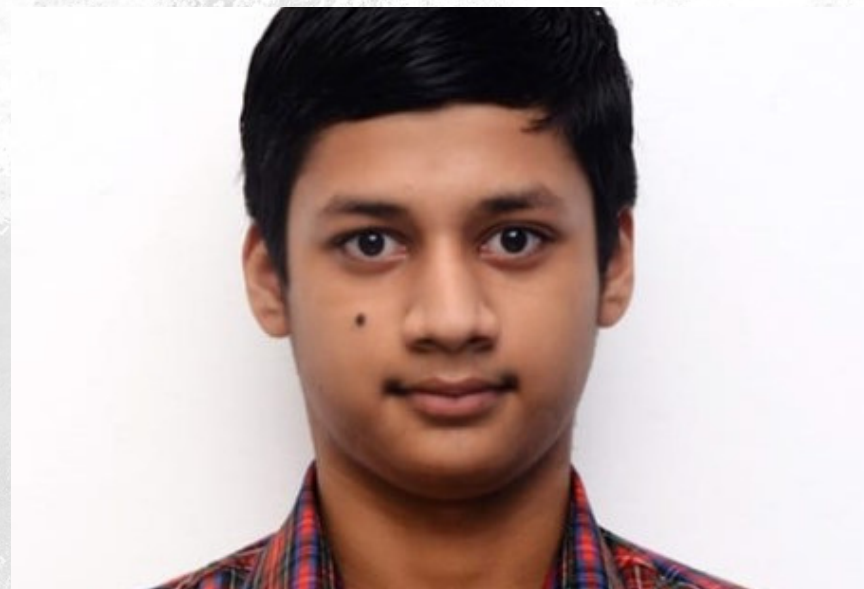
- **Each session was packed with oodles of fun activities.**
- **These activities were shared by the students on our whatsapp channel.**
- **Over 800+ students were active on the channel.**
- **A Bunch of passionate students who completed activities were gifted with a bag of goodies.**
- **125+ Students completed more than 50% activities and over 48 completed more than 75% activities.**



Students who completed over 75% activities (1/6)



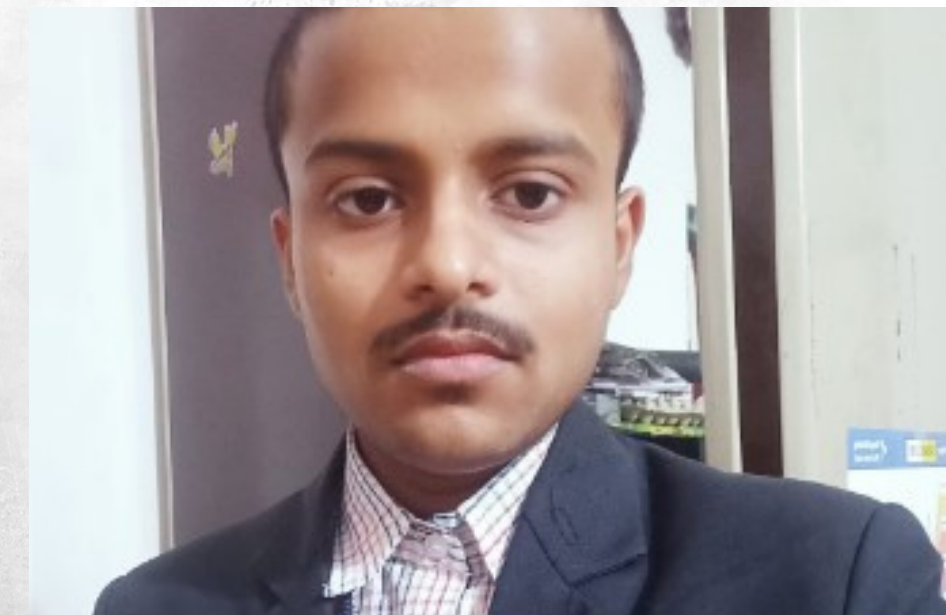
Ayushi Rajhans
St Mira's School, Pune



Vineet Singla
DAV Public School, Ludhiana



Shreyash Shete
Shankarrao Butte patil School, Junnar



Umang Prajapati
Eon Gyanankur School, Pune



Tanishka Randive
Silver Crest School, Pune



Thoshitha
Trinity School, Bangalore

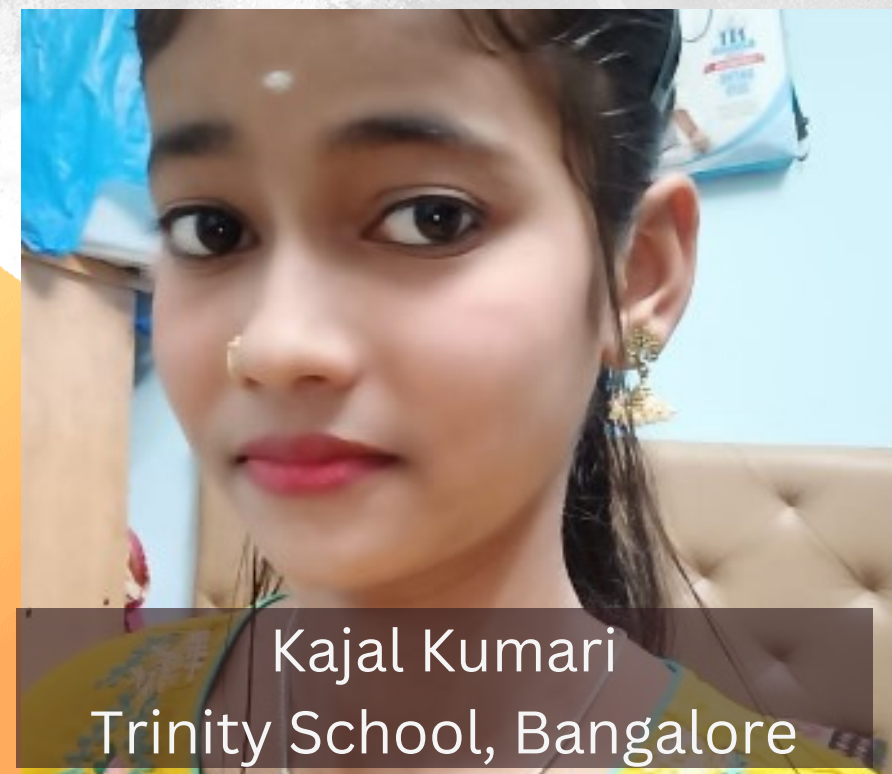


Yashashree Shinde
Eon Gyanankur School, Pune

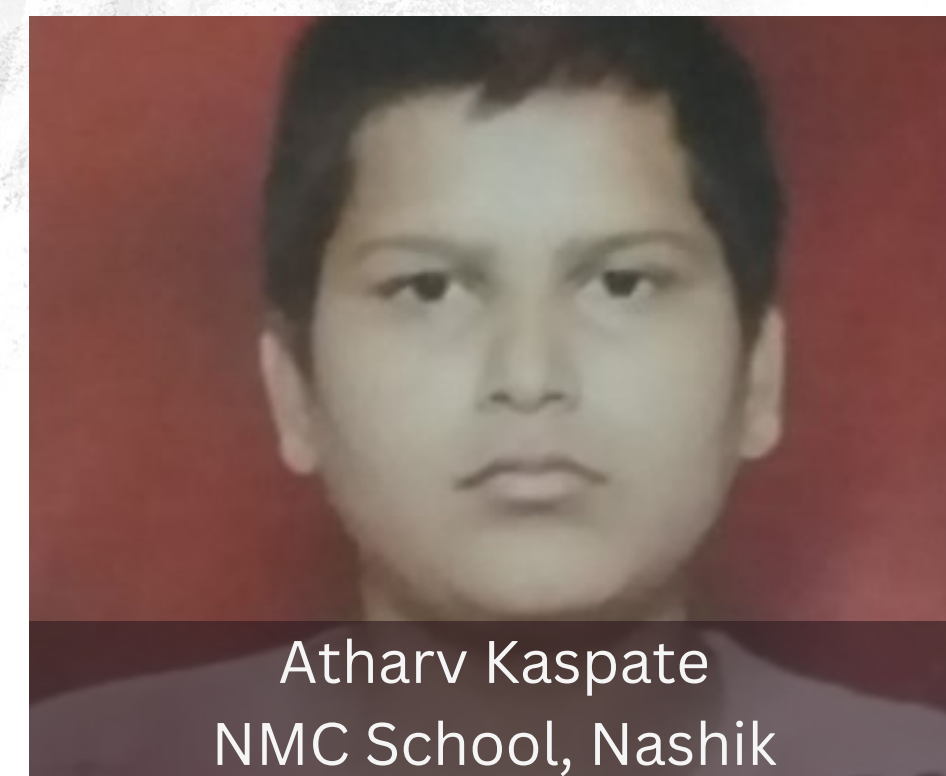
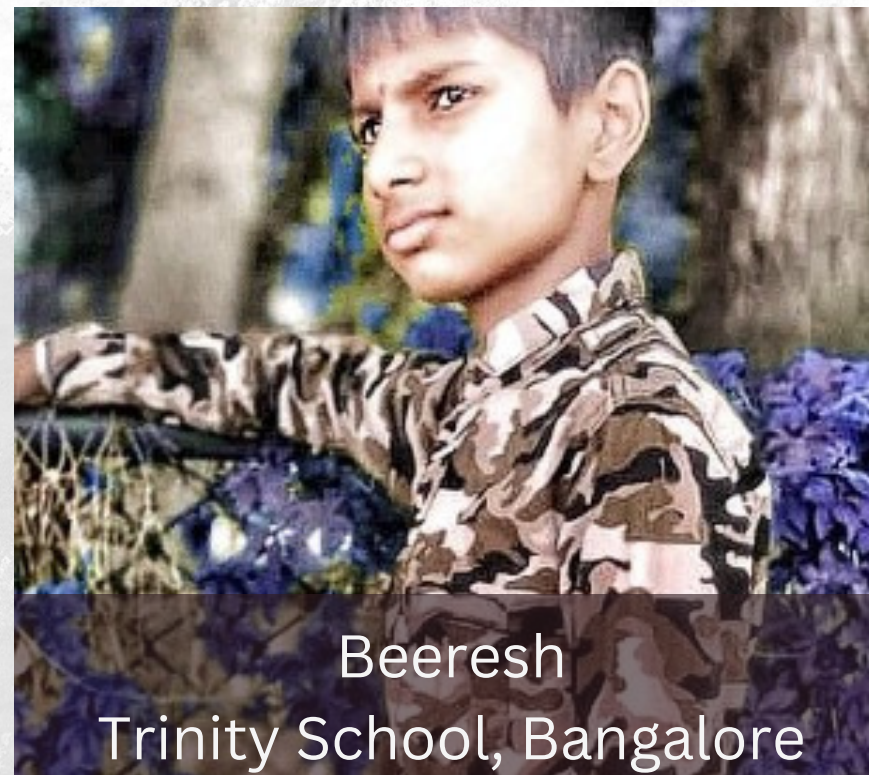
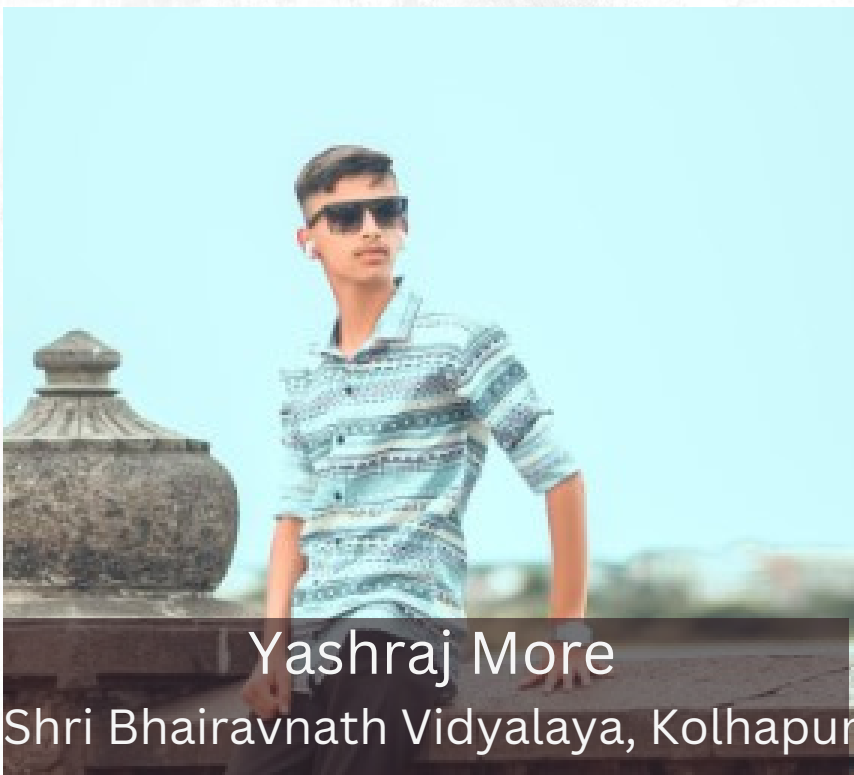


Akash
Trinity School, Bangalore

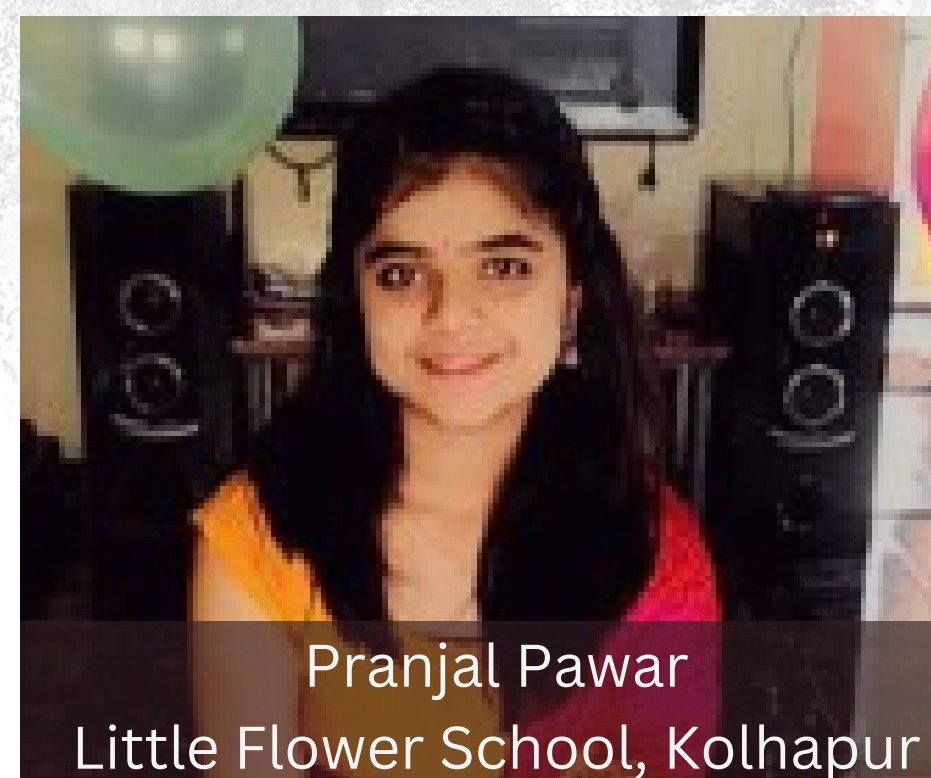
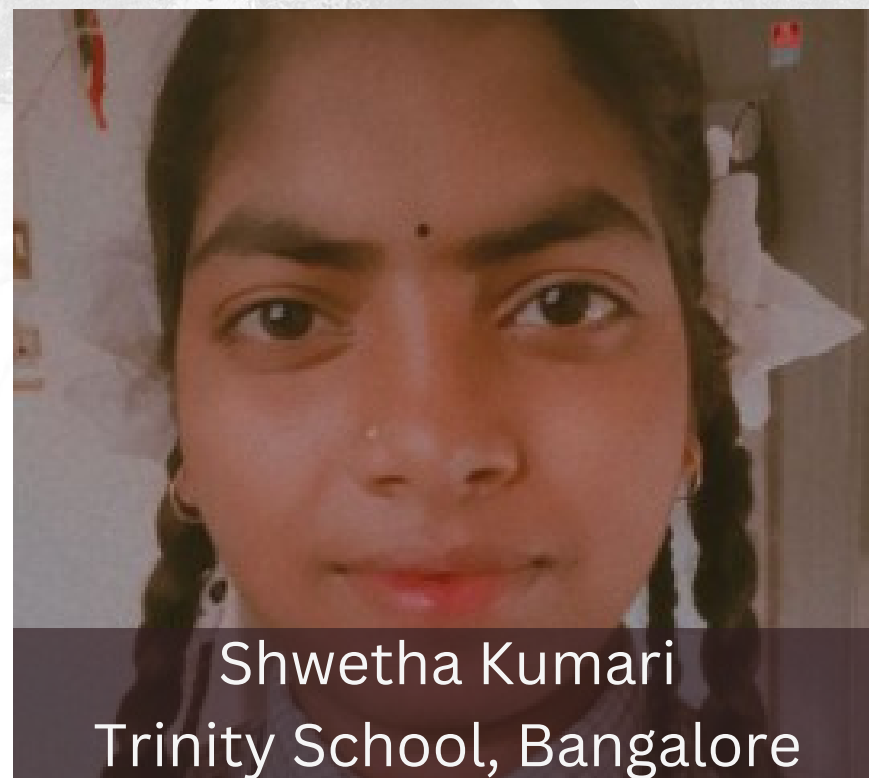
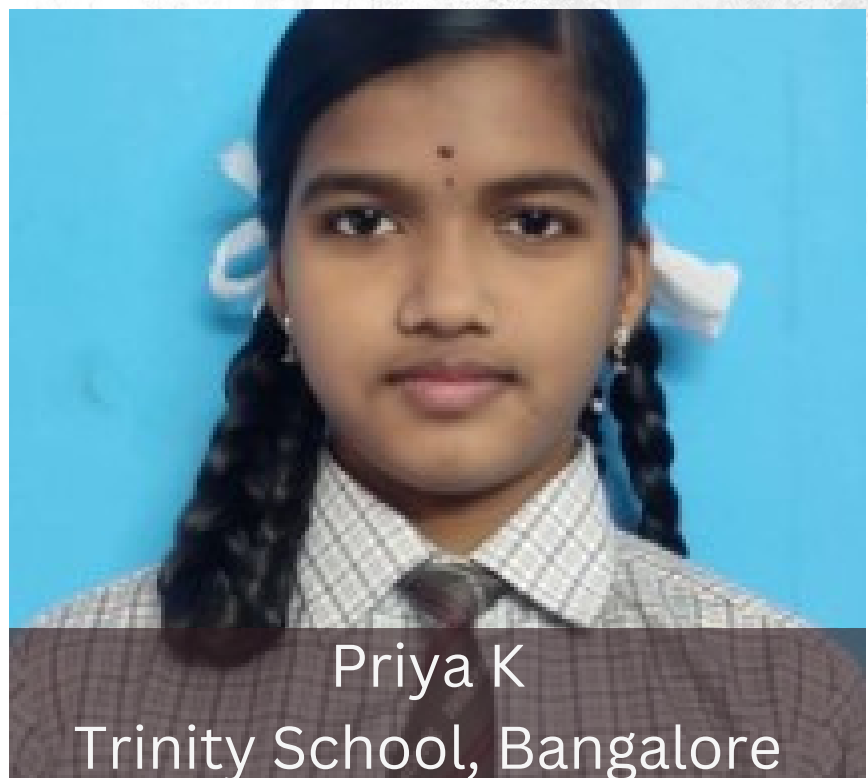
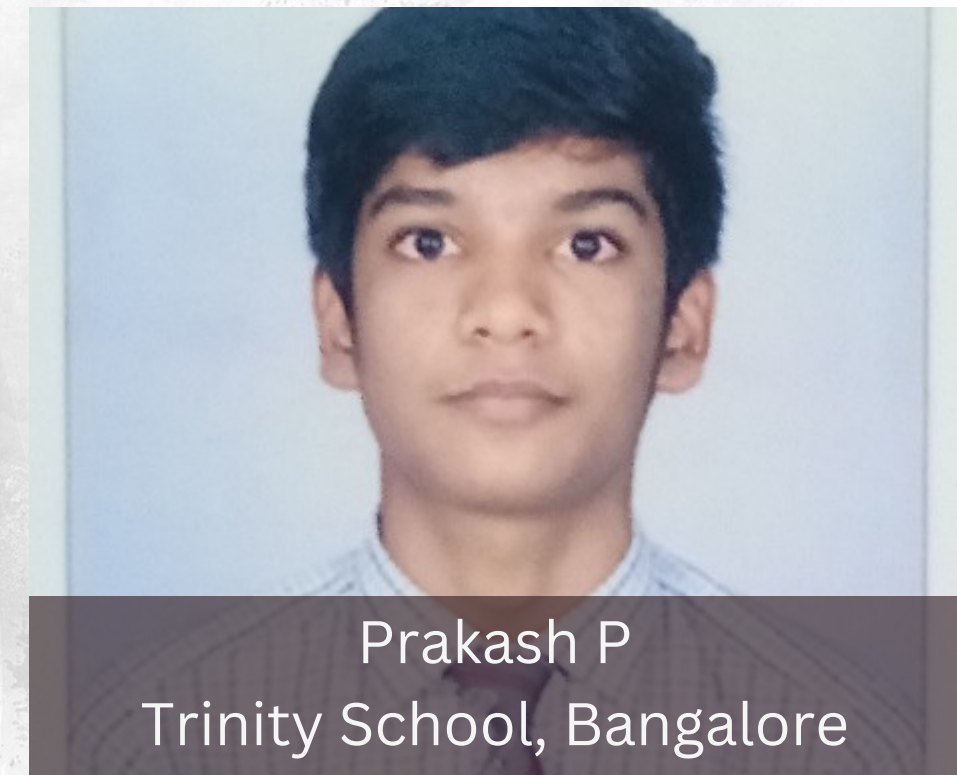
Students who completed over 75% activities (2/6)



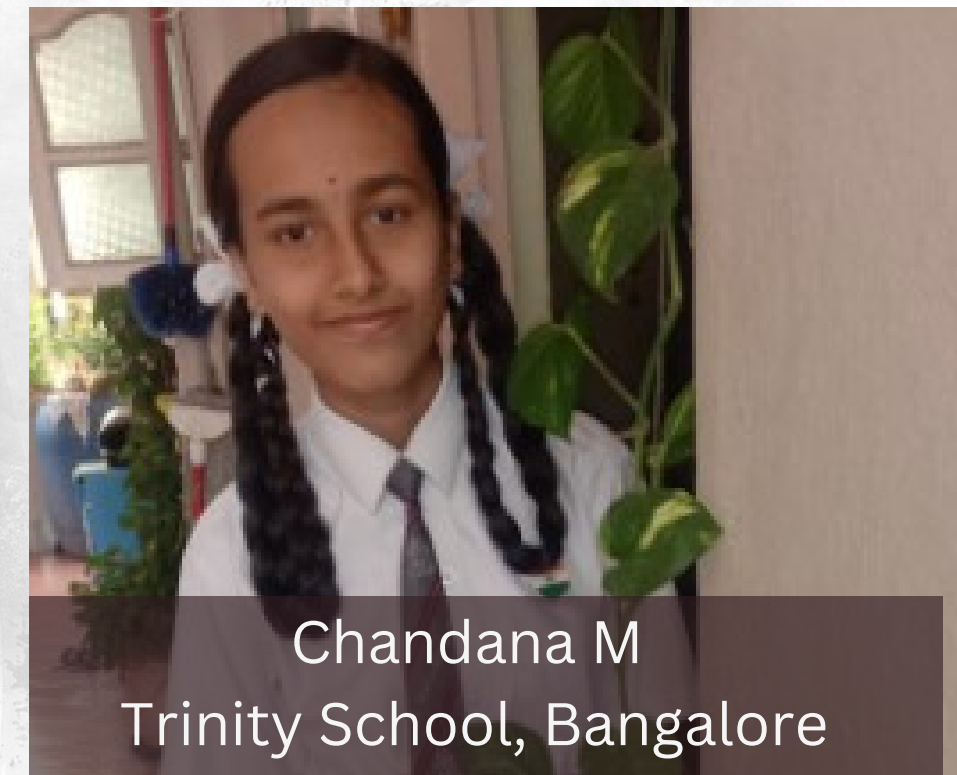
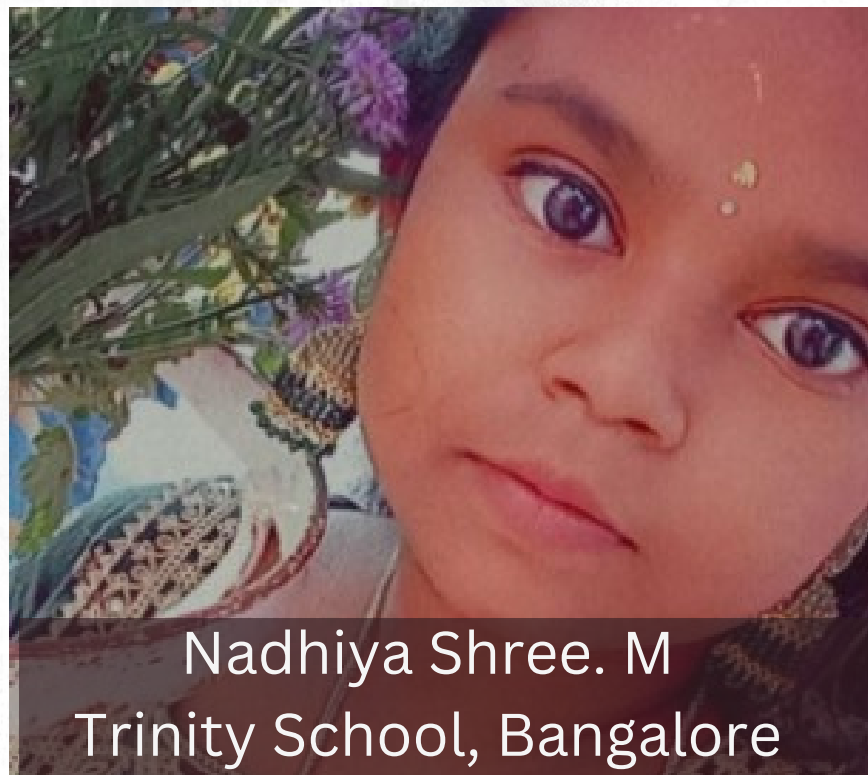
Students who completed over 75% activities (3/6)



Students who completed over 75% activities (4/6)



Students who completed over 75% activities (5/6)



Students who completed over 75% activities (6/6)



Anjali Mourya
R&DE English School, Pune



Aaliya Shaikh
NMC Highschool, Nashik

Misba Pathan
New grace School, Pune

Sanchita Patil
Shri Bhairavnath Vidyalaya, Kolhapur

Abhishek.A
Trinity School, Bangalore

Dhanashri Patil
Shri Bhairavnath Vidyalaya, Kolhapur

Ganesh Bhamare
NMC Highschool, Nashik



Nikita Manvatkar
NMC Highschool, Nashik



Shifa Junedi
New grace englishSchool, Pune



Students Happy faces receiving gifts...





Students Happy faces receiving gifts...

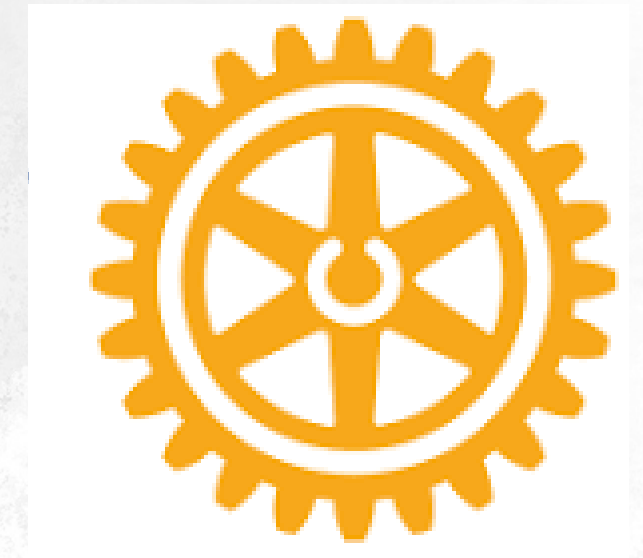




Joining Hands for a Bigger Vision



- A collaboration is formed with 'Saksham', an initiative driven by Rotary Club of Pune Camp and Rotary Club of Pune Far East.
- This initiative spread across 73 Schools in the interiors of Maharashtra.
- **50000+** students have access to KMM session via this initiative.

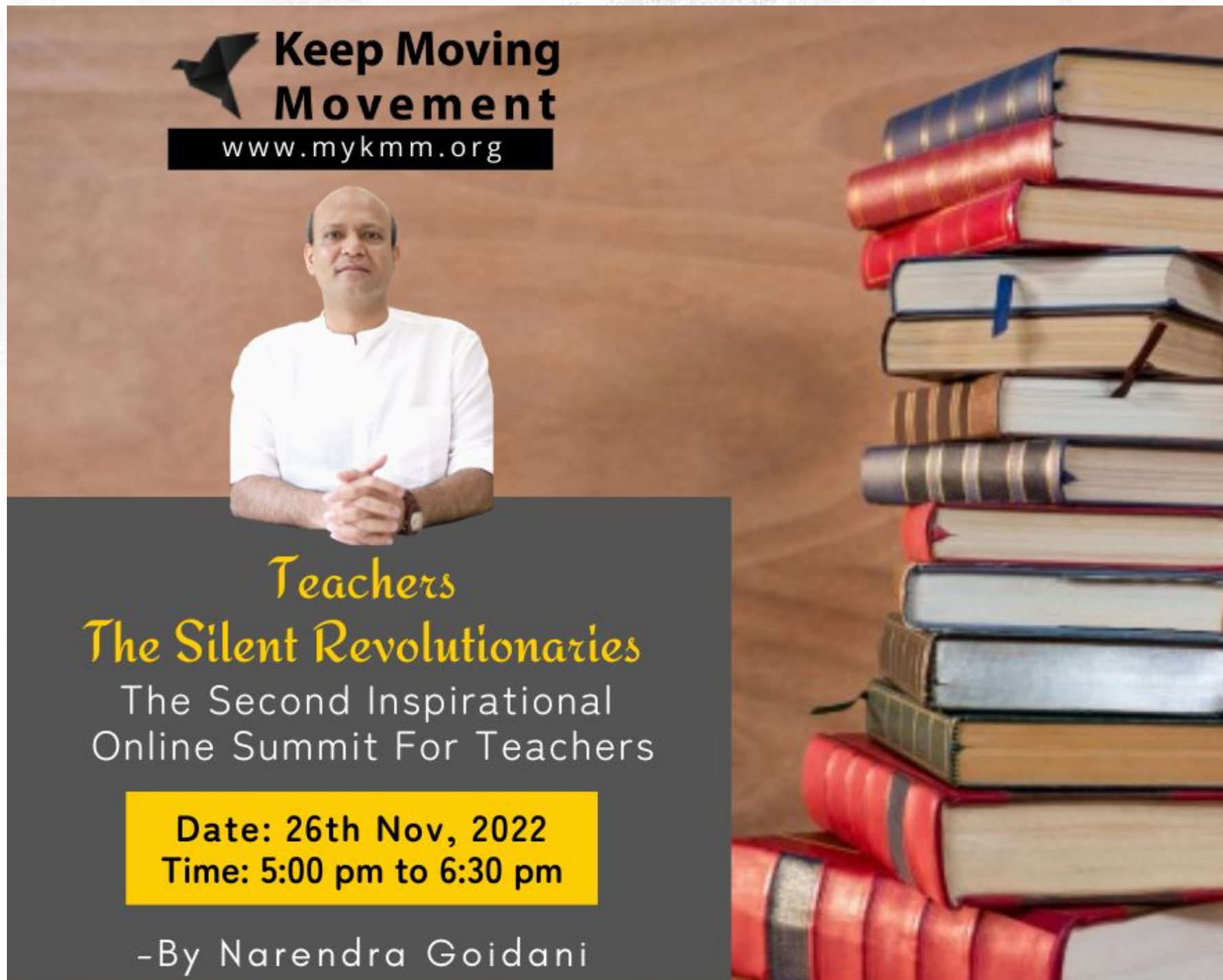





The year 2022 Ended with...

 **Keep Moving
Movement**

An online Powerful and Motivational summit for teachers.



 **Keep Moving
Movement**
www.mykmm.org

Teachers
The Silent Revolutionaries
The Second Inspirational
Online Summit For Teachers

Date: 26th Nov, 2022
Time: 5:00 pm to 6:30 pm

-By Narendra Goidani



Registrations

4200+



Countries

8



Cities

163



Schools

563



Live Online Attendees

2900+



Teacher's Feedback following the Summit (1/2)



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SHAMA PATEL [REDACTED]

27/11/2022

NEW MESSAGES

Hi,Narenit was a wonderful session ..as a teacher u tried to focus ...on the unique way of teaching and trust i exactly teach the way ur teachers use to teach....
👏👍

MEGHNA DESHMUKH [REDACTED]

NEW MESSAGES

It was a very motivating session for us teachers particularly for us lady teachers.

Thanks for this motivating session for teachers.

06:40 PM, 26/11/22

Dearest Teacher, 😊

SILKY NAGRATH([REDACTED])

NEW MESSAGES

Good Evening
Sir,It was really an outstanding and motivating session.
Thanks a zillion for boosting my energy and lighten up my soul.
My way of teaching that works best for children is personal attachment and emotional touch with my students.
Regards
Silky

06:38 PM, 26/11/22

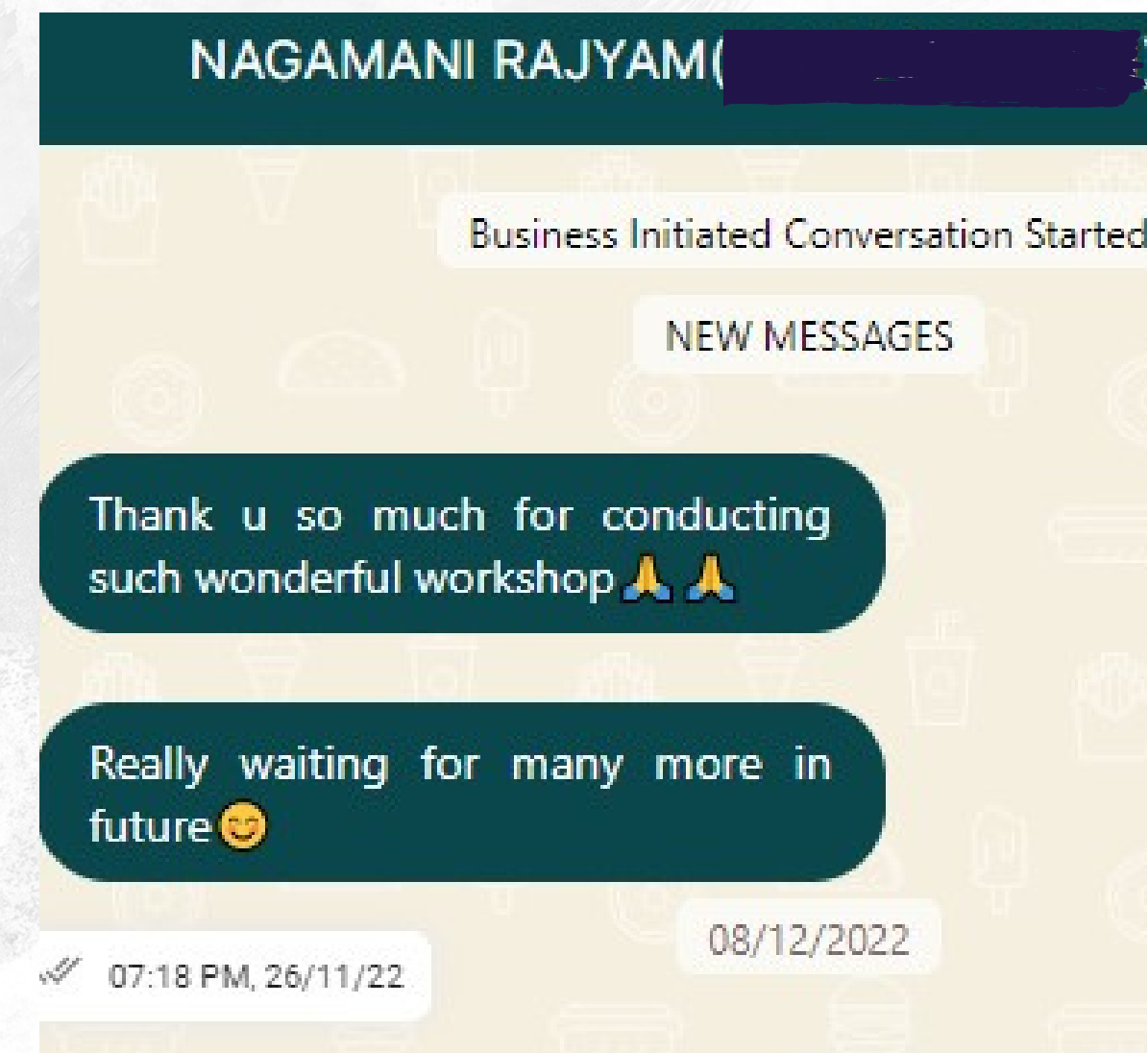
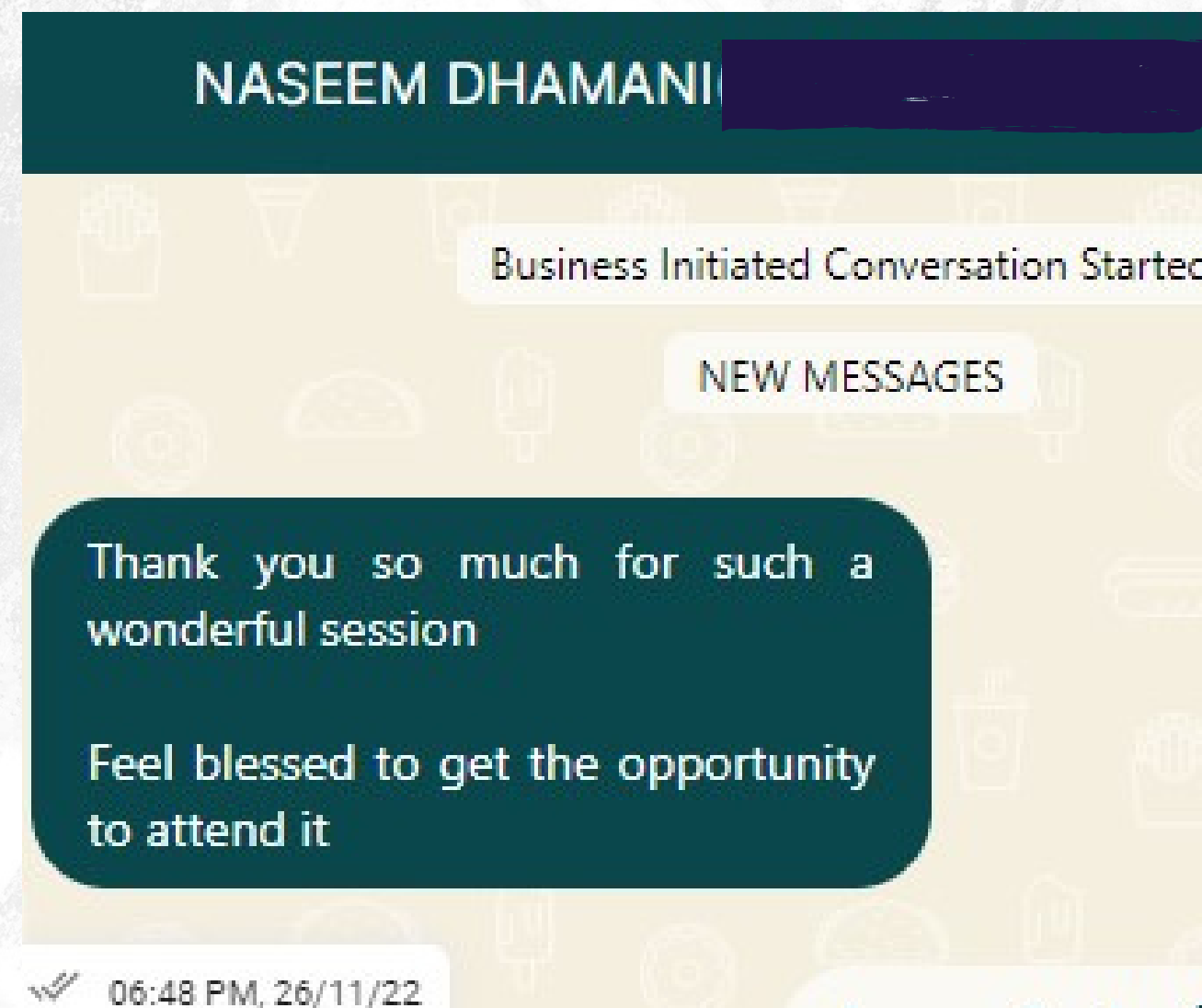
Dearest Teach



Teacher's Feedback following the Summit (2/2)



Keep Moving
Movement





Season of Fun



This season KMM organised many fun events to build strength and unity among the volunteers. Here are few glimpses of the beautiful memories.





The year 2022 started with...



Volunteers Meet 19th June 2022

A first warm up volunteers meet filled with fun and games.





First Offline Session Post Covid

 **Keep Moving
Movement**

Session 4 - "Warriors secret to a great life" conducted on the pre-dawn day of independence, 14th August 2022





Great Dandiya Night 9th Oct 2022

Keep Moving
Movement

After an amazing innings in school it was time for fun celebrations with Vounteers.





The people behind the movement

 Keep Moving
Movement





The Heart of KMM...



Naren Goidani
Co-Founder



Jyoti Gosavi
CEO, Co-Founder



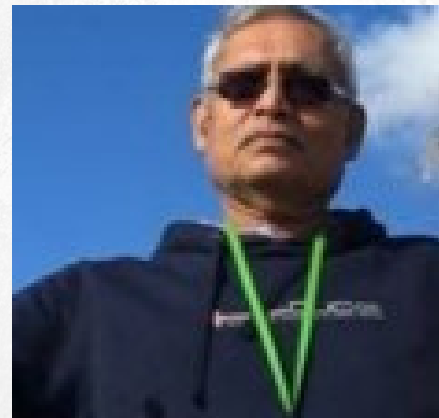
(A) 27 Dynamic Area Coordinators (1/2)



Ajit Pawar



Amitabh Mehata



Anil Kalra



Aradhana K



Ashish Kasat



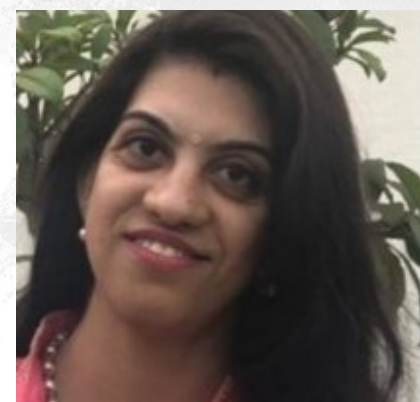
Jitendra D



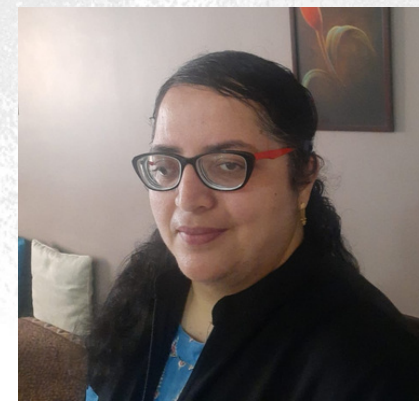
Gurmail Bhinder



Harshad Doshi



Jasmine Bhatia



Jessica Chawla



Kanchan D



Manasa H



Ritesh More



27 Dynamic Area Coordinators (2/2)



Mathias A



Milind Mehta



Mukulika Shaha



Naresh Gandhi



Neha Raut



Prashant Shah



Preeti Puranik



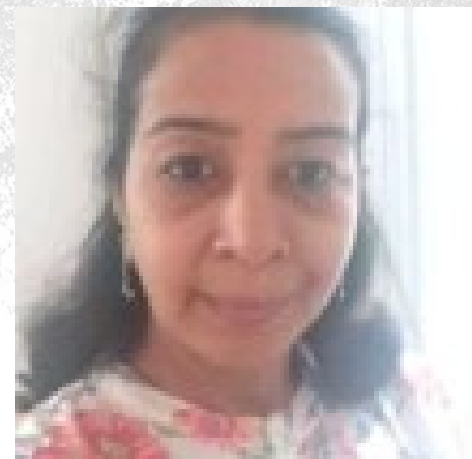
Rita Jethwani



Shripal Gandhi



Swapnil Shaha



Tejal Dharod



Vijay Rathi



Tushar Tandel



Vikas Bhandari



(B) 117+ School Coordinators
helped execute the entire
program.



School



Team
KMM



Volunteers



(C) Our Superb Backend Execution Team



Aditya Saraiya
Businessman



Tahera Dahodwala
Counsellor



Harsha Kataria
Photographer



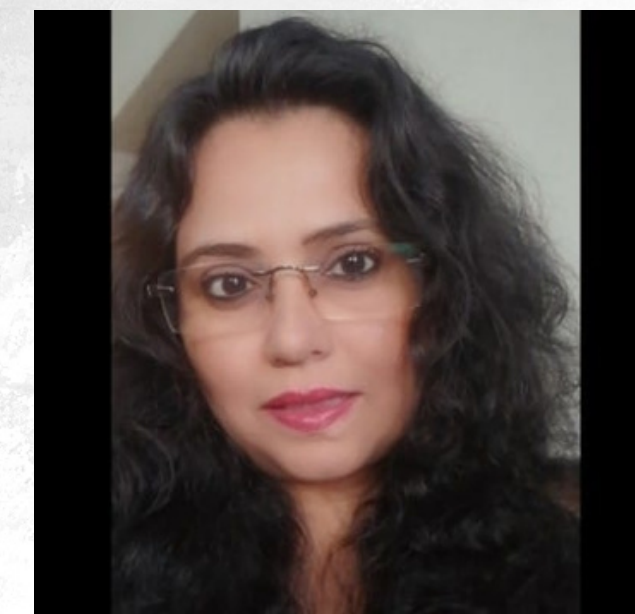
Heenal Shah
Teacher



Snehal Gholap
Student Success
Manager



Mihir Shah
Student Cum
Software Genius



Preeti Puranik
Professor



(D) 24/7 Speaker Support Squad



Mathais Alberquerque
Advocate



Gayatri Hiraskar
Student



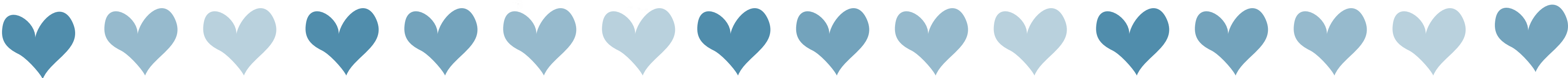
Swapnil Gangurde
Advocate



Aushumalin Shah
Businessman

*thank
you*

**We thank the Board
Members, Naren, the school
principals, teachers,
volunteers, and students for
making KMM a wonderful
journey in 2022.**





Loads of love to you from
Team KMM!

